

**VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM****B.P.Ed. DEGREE EXAMINATION – November 2019****Fourth Semester****SPORTS PSYCHOLOGY AND SOCIOLOGY**

Time: Three hours

Maximum: 75 marks

**PART – A (10 x 2 = 20 marks)**Answer any **TEN** questions. All questions carry equal marks.

1. What is motor learning?
2. Define sports psychology.
3. List the types of personality.
4. What is intrinsic motivation?
5. Define anxiety.
6. What is self – concept?
7. Define leadership.
8. What are individual sports?
9. What is group interaction?
10. List any four Indian women athletes who won medals in Asian Games.
11. Define sports sociology.
12. What is motor perception?

**PART – B (5 x 5 = 25 marks)**Answer any **FIVE** questions. All questions carry equal marks.

13. Briefly explain the factors affecting perception.
14. Write short notes on achievement motivation.
15. Briefly explain the effects of stress on sports performance.
16. List the types of leadership and explain any one.
17. Write short notes on sports social crisis management.
18. Briefly explain gender inequalities in sports.
19. Briefly discuss the dynamics of motivation in sports.
20. Discuss the disadvantages of fans and spectators on sports performance.

**PART – C (3 x 10 = 30 marks)**Answer any **THREE** questions. All questions carry equal marks.

21. Explain the need and importance of sports psychology.
22. Define personality and explain the effects of personality on sports performance.
23. What is competitive anxiety? Discuss its role in sports performance.
24. Give an account on national integration through sports.
25. Current problems in sports and future directions – discuss in detail.